

Information about the necessary protective measures during your visit at NICKERCHEN

Dear guest,

we are very happy to finally be able to massage again!

Due to the current situation, the **following protective measures must be observed** when you visit:

- We open our doors 5 minutes before your booked appointment.
- Please wear a respirator mask when entering the shop (we will also face you with a respirator mask).
- Unfortunately, we still have to do without warm greetings and farewells.
- Before the massage, we offer you to wash your hands.
- Unfortunately, to be able to comply with the distance rule in the reception room, it is currently not possible to stay longer after the massage.
- Please cancel your massage if there are any signs of a cold.

Thank you very much for your understanding!

In order to make you feel comfortable and safe at NICKERCHEN, here are a few **arguments for a massage in our small, individual studio**:

- At NICKERCHEN we offer individual wellness without mass business, in which many people stay close together (at the same time there is currently a maximum of 6 people in the entire studio of 160 sqm).
- All massage therapists wear a respirator mask and disinfect their hands before and after each guest.
- Increased disinfection of all objects at shortened intervals that are frequently used: door handles, handrails, fittings, EC devices, etc.
- Linen change after each guest.
- All employees are instructed to stay at home with the slightest sign of cold.
- And of course we provide all our guests with antiviral hand disinfection.
- Relaxing wellness at the NICKERCHEN always includes the good feeling of being in a hygienically perfect and clean place. We feel obliged to do this and that is exactly what we want to offer you at any time.

Time remains exciting and challenging and has a huge impact on our immune system. During this time, the massages work against the high level of stress to which we are all exposed. Therefore we very much hope that we can strengthen your back a little and help you to regain your own balance.

We look forward to you!

Irina Ivachkovets,

Owner of NICKERCHEN